



Sex and Relationships Education
From
Foundation Stage to Y6
2015

Legal Requirements

- School must have a policy for Sex and Relationships regularly reviewed and updated.
- There is no statutory obligation for S.R.E at Primary School but it is good practice to follow the guidance given to schools in 2000

Benefits of S&R Education

- Some parents feel uncomfortable when dealing with sensitive issues with their children and are happy to form a partnership with the school.
- Children have the right to be given correct information in a situation in which they feel comfortable and able to ask questions.
- Research indicates that young people want/need information at an earlier age.

Over 10 years ago the 'Every Child Matters' policy was introduced by the Government to safeguard children's welfare in all children's services and schools. Although no longer a Government initiative, the 5 tenets of this policy are still key to children's welfare:

Be Healthy

- Puberty is earlier
- Many girls menstruate in primary school
- It's a normal and natural process at this age
- It's about them! Growing as a boy or girl
- Sexual health is an important factor
- STI's are increasing among young people
- Reducing teenage pregnancy is a government target.

Stay Safe

- Young people can be taught the skills to protect themselves
- Sexual infections are rising among the young and the use of condoms needs to be encouraged
- The internet and mobile phones have the potential to be unsafe
- Child protection and Sex and Relationships Education are closely linked and need addressing.

Make a Positive Contribution

- Consultation with young people follows best practice
- Young people tell us that they want and need more information at an earlier date
- Adults should listen and act upon this request.

Enjoy and Achieve

- Young people should not worry unduly about their developing, changing body and be comfortable with their body size and shape.
- Happiness in relationships is important.
- Good communication and understanding between male and female aids relationships.
- Self esteem and confidence are vital.

Achieve Economic Well Being

- Parental responsibility is costly
- Teenage parents can experience hardship
- Young people need to be taught the consequences of actions

Considerations

- With each year group the classteacher will use their professional discretion and assessment of the emotional needs & capacity, together with the level of maturity of the children.
- By the end of Y6 each child will have been taught the SRE curriculum at the correct pace for that child.
- Question boxes are available in KS2 for children who would prefer to ask discreetly.
- If a child is asking questions *well beyond* those considered age –appropriate in any year group, then parents will be involved, unless it is considered a safeguarding issue when advice will be taken from Children’s Social Care.

Foundation

The EYFS (Early Years Foundation Stage) gives guidance on what the 0-5 age range should be taught. S&R fits into these areas:

1. Physical development
2. Knowledge and Understanding of the World
3. Personal, Social and Emotional Development

What will they be taught?

- Growth; how have they changed?
- Position in family
- Role play to include baby clinic/ hospitals
- Matching baby animals to their parents
- Questions answered in an age appropriate way.

Key Stage 1

- S& R Education in the Infants has several links within the curriculum taught to the 5-7 years age group.
 1. Science ; Living Things
 2. PSHE; Growth, Change and Reproduction; Our Changing World; Personal Safety; Emotions and Feelings and Relationships
 3. SEAL (Social and Emotional Aspects of Learning)

What will they be taught?

- Differences in boys and girls
- Life cycles
- Sequencing baby, toddler, infant, teenager, adult
- Role play
- Families
- **Key vocabulary:** penis, testicles, vagina, breast, womb.

Lower Juniors

What will they be taught?

- How to express feelings in an assertive manner
- Feeling good about body shape
- Personal hygiene
- Body changes, puberty-changes.
- What is a period?
- Understand how a baby develops and is born
- Life cycles
- **Key vocabulary according to extent of curriculum covered:** egg, ovaries, period, puberty, menstruation, scrotum, sperm, testicles, vagina, sexual relationship, womb, conception, fertilisation, pregnancy, umbilical chord, foetus

Upper Juniors

What will they be taught?

What has been taught in earlier years will be expanded upon

- **Key vocabulary:** (as Lower Junior) conception, birth, masturbation, wet dreams, semen, hormones, shaving, contraception, condom, homosexual, relationship, marriage, STI's, HIV, Chlamydia, sanitary towels, tampons, morals, labour
- Role play: being assertive, asking for help
- Responsibilities of a parent
- Internet safety
- Loving relationships
- Conception, birth

Any Questions?