



Dear Parent/Guardian:

## BIKEABILITY CYCLING TRAINING COURSE

A practical Cycle Training Course has been organised to take place as follows:-

Days:	Thursday and Friday 7 <sup>th</sup> and 8th July
Times:	9.30-11.30am and 1-3pm
Venue:	Rivington Primary School

Bikeability is 'cycling proficiency' for the 21st century, designed to give the next generation the skills and confidence to ride their bikes on today's roads. Children will participate in Level 1 Bikeability which will take place on the school playground, followed by Level 2 which will take place on quiet roads.

The wearing of an approved cycle helmet is compulsory whilst undertaking the course. The recognised Standards for cycle helmets are BS6863, AS2063.2, ANSI Z 90.4, SNELL B.90 or B.95 or European standard BS EN 1078. If your child does not have a helmet, one can be provided, please inform the school.

Cycles must be of a suitable size and be presented in a fully maintained and roadworthy condition throughout the course; if your child's bike is in a dangerous condition they will not be allowed to take part in the course. Children will also need suitable clothing depending on weather conditions each day and long hair should be tied back. Your child will be provided with a reflective jacket that must be worn during the course.

The course is one of continuous assessment. On successful completion of the course children will receive a badge and certificate to indicate they have passed.

If you wish your child to attend this training course, please complete the attached consent form and return to Miss Redmayne..

Yours sincerely

*Mrs L J Carter-Clavell*

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