

Sex and Relationships Education Curriculum – notes to accompany June Newsletter.

Foundation Stage

In the Foundation Stage sex education is primarily concerned with children becoming aware of their own bodies and the correct names for their body parts. Children also learn how to behave with other children within the school environment. These issues are covered during the Personal, Emotional and Social Development, Knowledge of the World and Communication, Language and Literacy section of the Foundation Stage also in Circle Time.

The areas are:

People in my life. My moods. Friendships. Keeping Safe. Saying No.

My Body – similarities and differences with others.

Beginnings of life- animal & human babies, seeds. Growth in people, animals and plants.

Ageing- alive, dead, young, old.

KS1

In the Infant class sex and relationships is taught mainly through Science and PHSE. The main areas that will be covered are:

Correct names for body parts. Keeping safe ; good and bad touching

People we can trust . Feelings in families eg: Love & jealousy.

New life in animals. Looking after Myself

Keeping safe- hygiene, sleep, exercise. Inside my body- different parts.

Getting on with others- listening & sharing. What makes me happy

Y3 & Y4

In the Lower Juniors sex and relationships education is again centred round the PHSE and Science programmes of work. To include:

Feelings. Friendship. Difficult situations. Making decisions- influences on me.

Changes in my body and others.

Keeping Healthy- exercise, diet, the immune system.

Body parts – correct names

How babies begin, are born and grow.

Family Trees

Different lifestyles & families.

Y5 & Y6

Sex and relationships education plays an important in the PHSE curriculum for the Upper Juniors. It is important that the year 6 children are fully prepared for Secondary school and that they feel comfortable with the changes that will be happening to their bodies.

The materials used in the lessons are:

BBC “Sex Education” video

ITV Living and Growing Units 2 & 3 Video and accompanying work sheets.

The lessons cover:

Feelings. Changes. Hygiene. Puberty. Childbirth. Sexual intercourse in loving relationships, masturbation, wet dreams. Contraception. STI.

If you have any questions/ concerns /worries about the curriculum content please come along to the meeting on Monday 26th at 5pm.